

# 2017 NPC Panhandle Showdown Information Sheet

## Check-In and Weigh-In

**All athletes must check-in/weigh-in on Friday evening.** Friday weigh-ins, April 14th between the hours of 3:00 P.M. and 7:00 P.M., will be held in the Crowne Plaza Grand Hotel ballroom at 200 E. Gregory St, Pensacola, FL. **No weigh-in on Saturday morning.**

Competition suits for all bodybuilders and physique athletes must be worn to weigh-in. Figure and bikini contestants must bring their suits for inspection. If you have any doubt about the suit style, bring a second suit.

**The athlete's meeting will be Saturday, April 15th, 2017, 8:00 A.M. at the Pensacola High School Gymnasium. Prejudging will begin at 9:30 A.M.**

## Night Show

The night show will be held at Pensacola High School Auditorium located at 500 W. Maxwell, Pensacola, Florida. 32501. Show begins at 6 P.M. Saturday, April 15th, 2017.

## Music/NPC Regulations

- All Bodybuilders, Fitness and Female Physique athletes **MUST** supply their own music. **Music on CD or thumb drive and MUST be no longer than 60 seconds.** Posing music **MUST** be the only music on the disc.
- CDs will be collected at weigh-ins or at the Saturday athletes meeting.
- No "T" or thong suits will be allowed. However, female bodybuilding competitors will be allowed to wear multicolored posing suits and jewelry at the evening show. Emphasis is on "good taste"!
- **Qualifying for NPC USA & NPC Nationals is as follows:**
  - \*Men's Physique will qualify the top 3 in each class
  - \*Women's Physique will qualify the top 3 in each class
  - \*Open Bikini will qualify the top 3 in each class
  - \*Open Figure will qualify the top 3 in each class
  - \*Men's Open Bodybuilding will qualify the top 2 in each class
  - \*Women's Open Bodybuilding will qualify the top 3 in each class

\*The top five (5) will qualify for all other national contests including the NPC Junior USA, NPC Junior National, NPC Team Universe and IFBB North American Championships. **THIS DOES NOT INCLUDE BODYBUILDING.**
- **With the EXCEPTION of all OPEN CLASSES,** Promoter reserves the right to eliminate uncontested classes and create competition where feasible. If you are uncontested, the promoter may move you up one class. Divisions with multiple classes and only one competitor per class will be combined to create a single class for the purpose of having competition.
- Rings are for all Division winners with the exception of Novice. You must have competition in your class to get a ring (3 or more). No unopposed.
- **NO REFUNDS**