

2017 NPC PANHANDLE SHOWDOWN
CLASSIC PHYSIQUE CHAMPIONSHIPS
*****NATIONAL QUALIFIER*****
SATURDAY, April 15th, 2017

ELIGIBILITY: Open to all 2017 NPC card holding athletes in the U.S. NPC cards can be purchased at the event.
CONTEST LOCATION: Pensacola High School Auditorium located at 500 W. Maxwell, Pensacola, Florida 32501
ENTRY FEE: \$85.00 for each class entered by April 1, 2017. After April 1st the entry fee will be \$110.00

Make check or money order payable to and send to:

MAXFIT

99 Eglin Parkway NE, Suite 1E, Fort Walton Beach, FL 32548

For tickets or information email: iamaxfit@yahoo.com or call 850-244-1629

Men's Classic Physique Open
5 places awarded each class

- Division A (up to 5'7")
- Division B (over 5'7" to 5'10")
- Division C (over 5'10")

Men's Classic Physique Over 40
3 places awarded

- One Class (Must meet Height/Weight)

Men's Classic Physique Novice
3 places awarded each class

- Division A (up to 5'7")
- Division B (over 5'7" to 5'10")
- Division C (over 5'10")

Men's Classic Physique NW Florida
3 places awarded

- One Class (Must meet Height/Weight)

CROSSOVER RULES: You may enter any or all of the above categories that you qualify for. You can cross between Classic Physique, Physique or Bodybuilding. The fee is \$85 per category. If you choose a Master's Division, proof of age is necessary to determine that division.

Name: _____ Age: _____ Shirt Size _____

Ring Size _____ Height: _____ Weight _____ NPC Card #: _____

Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____ Telephone: _____

In consideration of your accepting this entry, I hereby intending to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against the National Physique Committee USA, Inc., Russell Mesey, Mike Langford, Ty King, MaxFit Sports Nutrition, Pensacola High School, and the Escambia County School Board. The sponsors and/or their agents, representatives and assignees for any and all of their agents, successors and licensees and assignees, the right to photograph and or reproduce (whether by film, tape, still photography, or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photograph motion pictures, radio, television, video printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with and the foregoing.

Signature: _____ Parent/Guardian, if minor: _____ Date: _____

Classic Physique competition will take place in the following categories:

DIVISION "A" (UP TO AND INCLUDING 5'7")

- | | |
|---------------------------------------|-----------------------------|
| - Up to and including 5'4" | Up to and including 155 Lbs |
| - Over 5'4", up to and including 5'5" | Up to and including 160 Lbs |
| - Over 5'5", up to and including 5'6" | Up to and including 165 Lbs |
| - Over 5'6", up to and including 5'7" | Up to and including 170 Lbs |

DIVISION "B" (OVER 5'7", UP TO AND INCLUDING 5'10")

- | | |
|--|-----------------------------|
| - Over 5'7", up to and including 5'8" | Up to and including 177 Lbs |
| - Over 5'8", up to and including 5'9" | Up to and including 185 Lbs |
| - Over 5'9", up to and including 5'10" | Up to and including 192 Lbs |

DIVISION "C" (OVER 5'10")

- | | |
|---|-----------------------------|
| - Over 5'10", up to and including 5'11" | Up to and including 200 Lbs |
| - Over 5'11", up to and including 6'0" | Up to and including 207 Lbs |
| - Over 6'0", up to and including 6'1" | Up to and including 215 Lbs |
| - Over 6'1", up to and including 6'2" | Up to and including 225 Lbs |
| - Over 6'2", up to and including 6'3" | Up to and including 232 Lbs |
| - Over 6'3", up to and including 6'4" | Up to and including 240 Lbs |
| - Over 6'4", up to and including 6'5" | Up to and including 247 Lbs |
| - Over 6'5", up to and including 6'6" | Up to and including 255 Lbs |
| - Over 6'6", up to and including 6'7" | Up to and including 262 Lbs |
| - Over 6'7" | Up to and including 270 Lbs |

***MUST MAKE WEIGHT AS INDICATED ABOVE**

***Apparel requirements will be released by the NPC shortly.**

The judging is scored 100% and will consist of comparisons of the quarter turns and the following five mandatory poses:

- Front Double Biceps
- Side Chest
- Back Double biceps
- Abdominals and Thighs
- Favorite Classic Pose (NO Most Muscular)

Finals will consist of :

- Posing Routine (Max 60 seconds)
- Confirmation Round (if necessary)
- Posedown (overall title only)

If an athlete does not make weight they have the option of competing in bodybuilding or men's physique with proper attire for the division or class – trunks for bodybuilding, board shorts for physique.