

2021 NPC PANHANDLE SHOWDOWN

Information Sheet

Check-In and Weigh-In

All athletes must check-in/weigh-in on Friday evening. Friday weigh-ins, April 2nd between the hours of 5:00 P.M. and 7:00 P.M., will be held in The Island Beachside Resort ballroom located at 1500 Miracle Strip Parkway SE, Fort Walton Beach, FL 32548. Hotel Phone: 850-243-9161.

No weigh-in on Saturday morning.

Competition suits for all Bodybuilders, Classic Physique and Ladies Physique athletes must be worn to weigh-in. Figure, Bikini and Wellness contestants must bring their suits for inspection. If you have any doubt about the suit style, bring a second suit.

The athlete's meeting will be Saturday, April 3rd, 2021, 8:00 A.M. at the Destin, Fort Walton Beach Convention Center 1250 Miracle Strip Parkway SE, Fort Walton Beach, FL 32548. Prejudging will begin at 9:00 A.M.

Night Show

The night show will be held at the Destin, Fort Walton Beach Convention Center located at 1250 Miracle Strip Parkway, Fort Walton Beach, FL 32548. Show begins at 5:30 P.M. Saturday, April 3rd, 2021.

Music/NPC Regulations

- All Bodybuilders, Classic Physique, Fitness, and Female Physique athletes **MUST** supply their own music. Music can be uploaded to the Muscwear site you registered with. **You can bring your Music on CD or flash drive and MUST be no longer than 60 seconds.** Posing music **MUST** be the only music on the medium you provide. CD's/flash drives will be collected at weigh-in Friday evening.
- Critiques: You will be given the opportunity to have individual critiques, all we ask is that you show up after the show to receive it.
- **We are offering 8 paid entries to a 2021 National Show.**
- **With the EXCEPTION of all OPEN CLASSES,** Promoter reserves the right to eliminate uncontested classes and create competition where feasible. If you are uncontested, the promoter may move you up one class. Divisions with multiple classes and only one competitor per class will be combined to create a single class for the purpose of having competition.
- Rings are for Open Class winners. You must have competition in your class to get a ring (3 or more). No unopposed.
- NO REFUNDS. This show is competitor oriented, early entry funds determine the perks we can provide you to make for a memorable experience.